Lakewood School District is committed to ensuring that all our students start the day with a healthy breakfast. Kids who eat breakfast tend to perform better in school, have better attendance rates, and display fewer behavior problems. We know that morning routines can be hectic, and many kids aren't hungry when they wake up and that is exactly why we provide breakfast every morning in a way that allows all students to participate, even after the bell.

All of our Schools serve breakfast in a way that is accessible to students.


Breakfast in the Pre-K and Elementary Schools Classrooms -breakfast is served to students after the start of the school day in their classrooms. Students have an opportunity during the first 15 minutes of class to eat breakfast with their classmates and get the fuel they need to be ready to learn. Teachers will begin lessons as usual during breakfast time.

Lakewood Middle \& High Schools -Grab and Go to the Classroom -students pick up breakfasts from mobile carts on the way to their classroom. Students have an opportunity during the first 10 minutes of class to eat breakfast with their classmates and get the fuel they need to be ready to learn.

Second Chance Breakfast-Second Chance breakfast is ideal for students who are not hungry first thing in the morning or arrive late for school. Second chance breakfast is available to those students up until 10 minutes before the lunch periods.

There are many great things about our improved breakfast program. In addition to having access to a nutritious breakfast, eating with classmates every morning creates a community experience, and it takes pressure off parents and caretakers to provide breakfast in the morning. The No Kid Hungry Starts with Breakfast resource is a great way to find out more about the benefits of breakfast, including how kids who eat breakfast do better in math, miss fewer days of school, and are more likely to graduate high school than their peers who don't eat breakfast regularly.

# LAKEWOOD BOARD OF EDUCATION 200 RAMSEY AVE <br> LAKEWOOD, NEW JERSEY 08701 

## BREAKFAST BEFORE \& AFTER THE BELL TIMES and LUNCH TIMES

| Lakewood High School begins 7:00 a.m. |
| :--- |
| Breakfast Available 6:45-7:00 |
| Breakfast After the Bell Available 7:00-9:48 |
| Lunch: |
| 9:58-10:38 |
| 10:41-11:21 |
| 11:24-12:04 |
| Lakewood Middle School begins 7:00 a.m. |
| Breakfast Available 6:45-6:55 <br> Breakfast After the Bell Available 6:55-9:52 <br> Lunch: <br> 9:53-10:35 <br> 10:36-11:18 <br> 11:19-12:01 <br> Ella G. Clarke school begins 7:45 a.m. <br> Breakfast Available 7:45-8:00 <br> Breakfast After the Bell Available 8:00-10:00 <br> Lunch: <br> 10:45-11:25 <br> 11:27-12:05 <br> 12:09-12:49 |


| Clifton Ave. School begins 7:45 a.m. |
| :--- |
| Breakfast Available 7:45-8:00 |
| Breakfast After the Bell Available 8:00-9:56 |
| Lunch: |
| 10:06-10:46 |
| 10:48-11:28 |
| 11:30-12:10 |
| 12:12-12:52 |
| Oak Street School begins 7:45 a.m. |
| Breakfast Available 7:45-8:00 |
| Breakfast After the Bell Available 8:00-9:56 |
| Lunch: |
| 10:06-10:46 |
| 10:48-11:28 |
| 11:30-12:10 |
| 12:12-12:52 |
| Spruce Street School begins 8:30 a.m. |
| Breakfast Available 8:30-8:45 |
| Breakfast After the Bell Available 8:45-10:00 |
| Lunch: |
| 10:43-11:23 |
| $11: 24-12: 04$ |
| $12: 05-12: 45$ |
| $12: 46-1: 26$ |
| Piner Elementary School begins 8:30 a.m. |
| Breakfast Available 8:30-8:45 |
| Breakfast After the Bell Available 8:45-10:00 |
| Lunch: |
| 10:51-11:31 |
| 11:33-12:13 |
| 12:15-12:55 |
| $12: 57-1: 37$ |


| LECC Campus I, II and III school begins at 8:30 a.m. |
| :--- |
| Breakfast Available 8:30-8:45 |
| Breakfast After the Bell Available 8:45-10:00 |
| Lunch: |
| Lunch is served in the classroom. The food arrives at 11:30 |
| from the commercial vendor and is picked up by each |
| classroom teacher or para. It is served based on the |
| individual teacher's schedule anywhere from 11:45 to 1:00 |
| p.m. in $1 / 2$ hour periods. |

